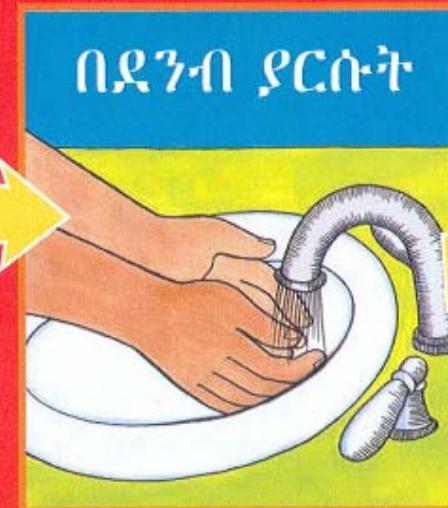
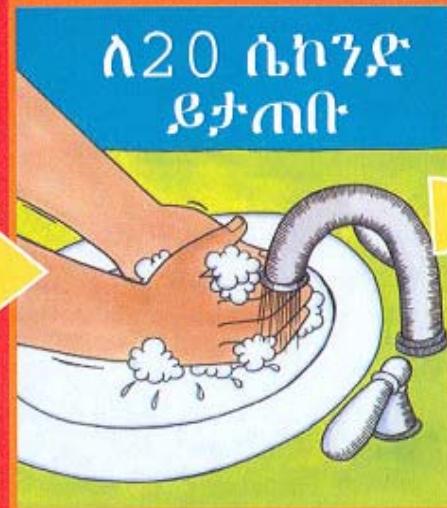
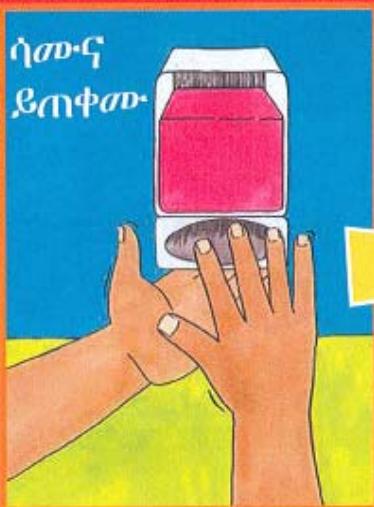


# ዶርወም የወጪውን መናማ ይህን !

ዘዴት አድዋን በሳሙናና በመቁ ወታ ይቻል



Stop Germs, Stay Healthy!

- Wash hands often with soap and warm water
- Wash for 20 seconds, rinse well and dry
- Cover coughs and sneezes
- When sick, stay home



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# បង្កើរមេនោត រក្សាសុខភាព!

លាងដែលជាប្រើប្រាស់សាបិស និងទិកកេវិកល្អ



## Stop Germs, Stay Healthy!

- Wash hands often with soap and warm water
- Wash for 20 seconds, rinse well and dry
- Cover coughs and sneezes
- When sick, stay home



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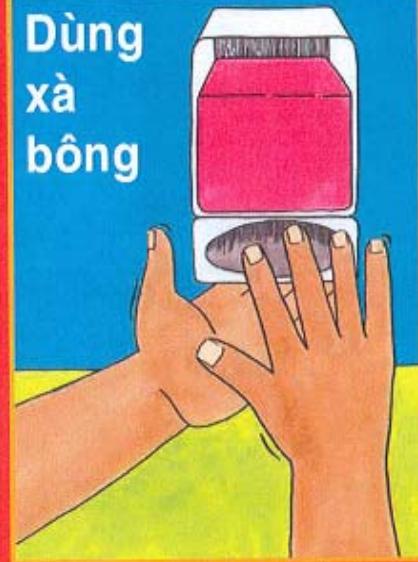
<http://alexandriava.gov/health>

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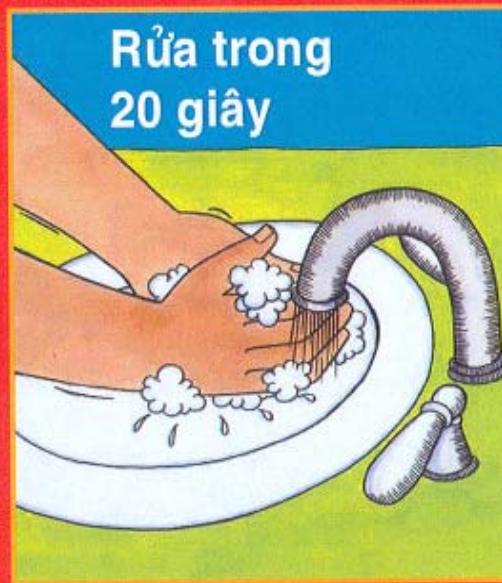
# Chặn Đứng Vi Trùng, Giữ Gìn Sức Khỏe!

Rửa tay thường xuyên bằng xà bông và nước ấm

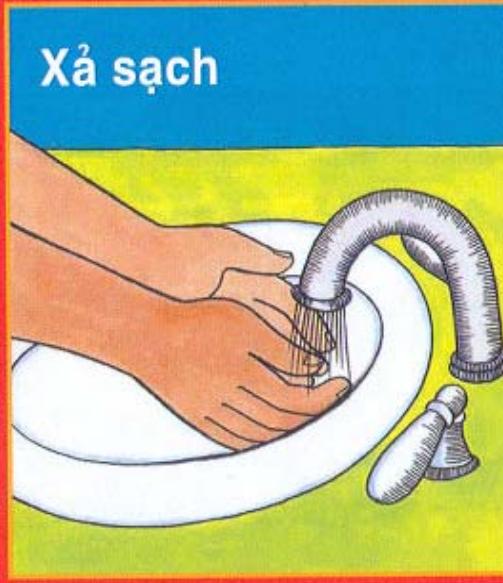
Dùng  
xà  
bông



Rửa trong  
20 giây



Xả sạch



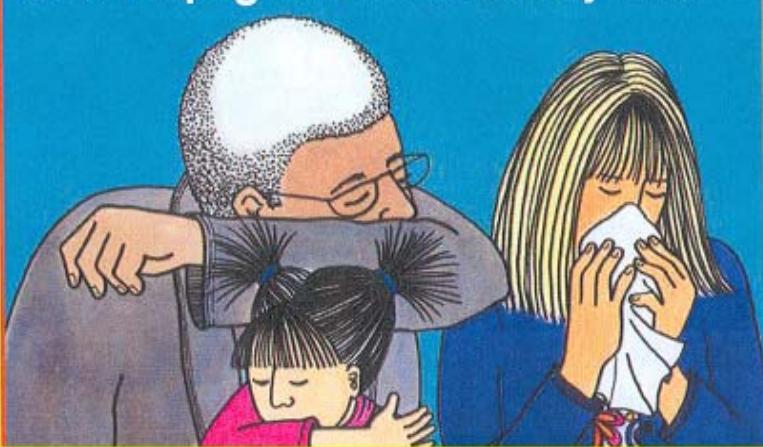
Lau khô



Stop Germs, Stay Healthy!

- Wash hands often with soap and warm water
- Wash for 20 seconds, rinse well, and dry
- Cover coughs and sneezes
- When sick, stay home

Che miệng khi ho và nhảy mũi



Khi bị bệnh, ở nhà



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# ¡Detenga los gérmenes, manténgase saludable!

Lávese las manos frecuentemente con jabón y agua tibia

Use  
jabón



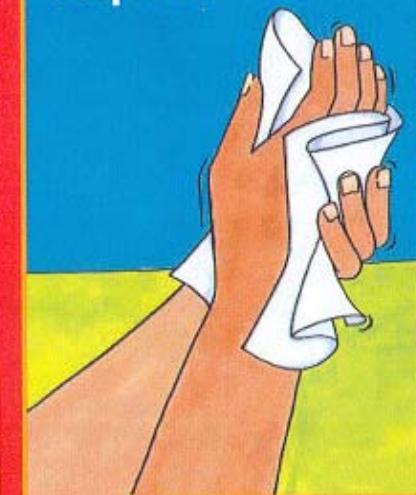
Lávese las manos  
por 20 segundos



Enjuáguese bien



Séquese



Stop Germs, Stay Healthy!

- Wash hands often with soap and warm water
- Wash for 20 seconds, rinse well, and dry
- Cover coughs and sneezes
- When sick, stay home

Cubra su boca al toser y estornudar



Quédese en casa  
cuando esté enfermo



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Alexandria Health Department

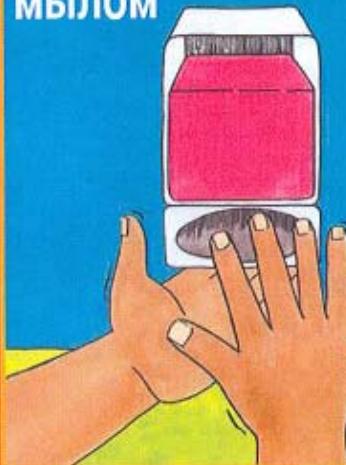
<http://alexandriava.gov/health>

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# Предотвращайте распространение микробов, сохраняйте здоровье!

## Часто мойте руки теплой водой с мылом

Пользуйтесь мылом



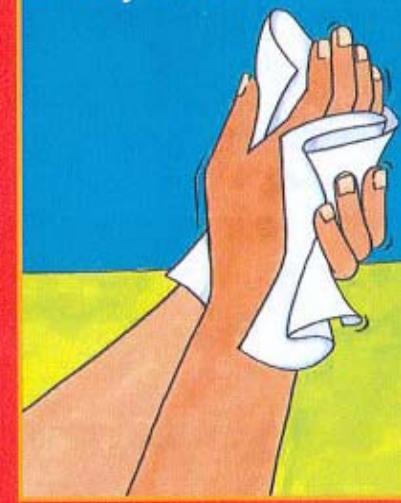
Мойте 20 секунд



Хорошо прополосните



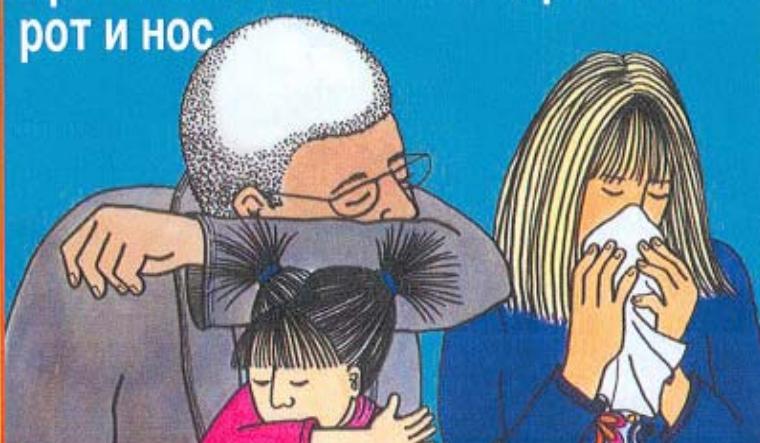
Высушите



### Stop Germs, Stay Healthy!

- Wash hands often with soap and warm water
- Wash for 20 seconds, rinse well, and dry
- Cover coughs and sneezes
- When sick, stay home

При кашле и чихании закрывайте рот и нос



Если вы заболели, оставайтесь дома



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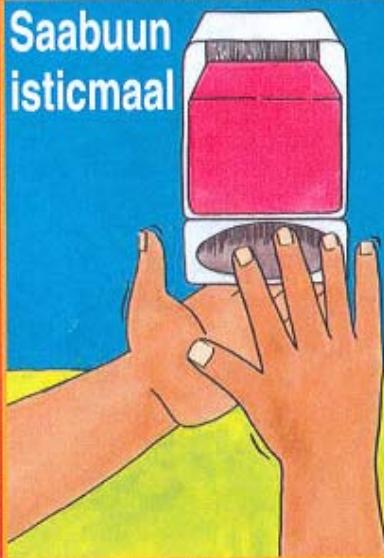
<http://alexandriava.gov/health>

703-746-4910

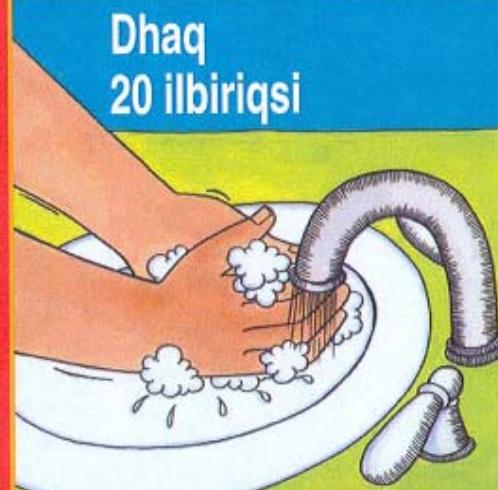
# Jooji Jeermiska, Caafimad Qab!

Gacmahaaga si joogta ah ugu dhaq saabuun iyo biyo diirran

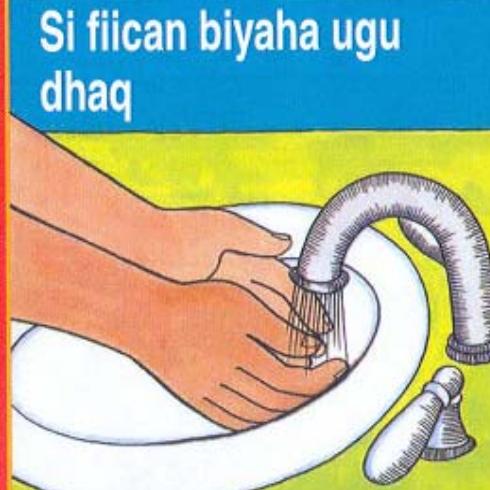
Saabuun  
isticmaal



Dhaq  
20 ilbiriqli



Si fiican biyaha ugu  
dhaq



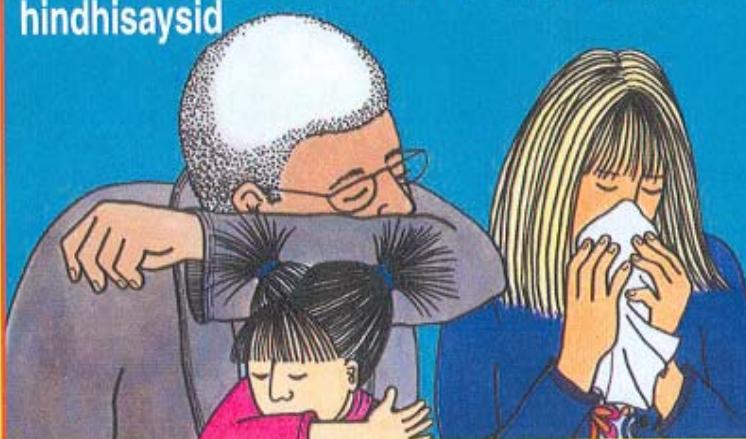
Qallaji



Stop Germs, Stay Healthy!

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- Cover coughs and sneezes
- When sick, stay home

Dabool afkaaga marka aad qufacaysid iyo  
hindhisaysid



Marka aad xanuunsanaysid,  
aqalkaaga iska joog



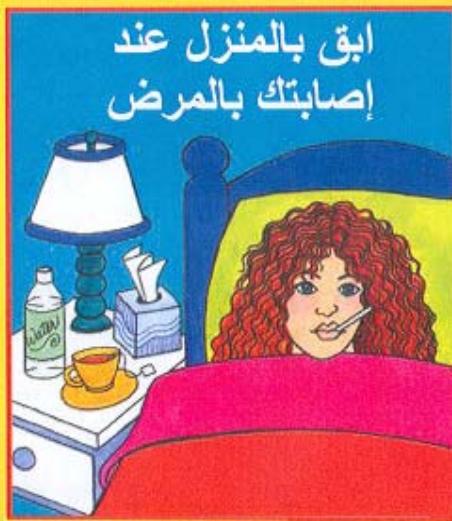
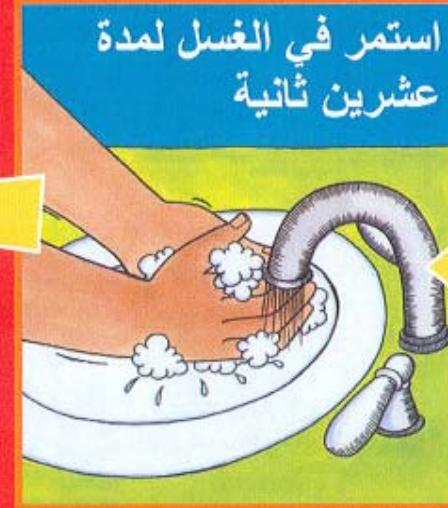
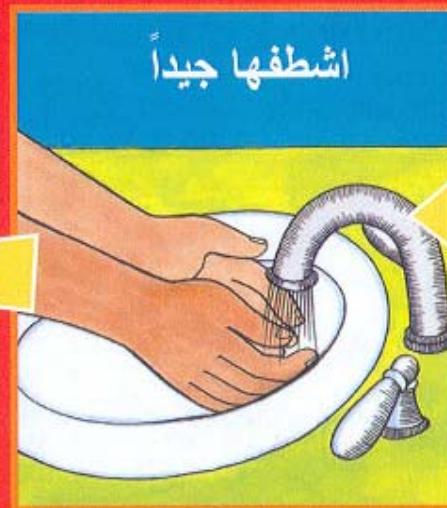
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# اقض على الجراثيم وحافظ على صحتك!

استخدام الصابون والماء الدافئ دائمًا في غسل يديك



**Stop Germs, Stay Healthy!**

- Wash hands often with soap and warm water
- Wash for 20 seconds, rinse well and dry
- Cover coughs and sneezes
- When sick, stay home



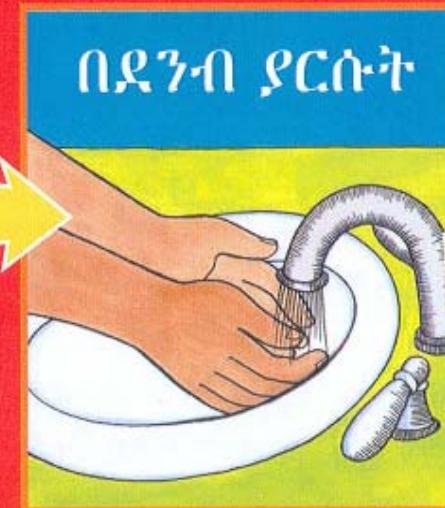
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# ዶርዕም የወጪውን መናማ ይህን !

ዘዴት አድቃን በሳሙናና በመቁ ወታ ይችበት



Stop Germs, Stay Healthy!

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- Cover coughs and sneezes
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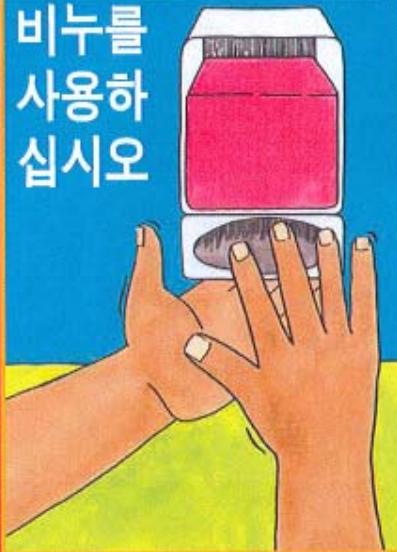
<http://alexandriava.gov/health>

703-746-4910

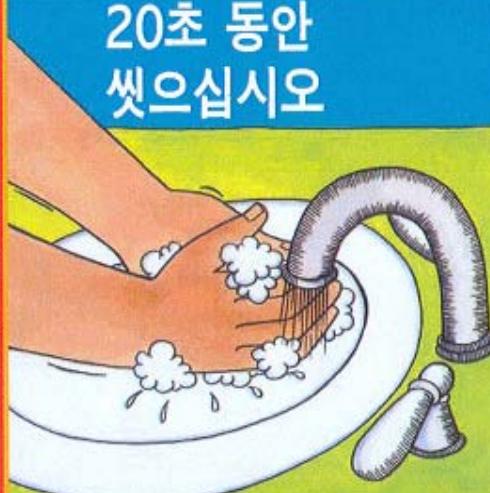
# 병균을 방지합시다, 건강 합시다!

비누와 따뜻한 물로 손을 자주 씻으십시오

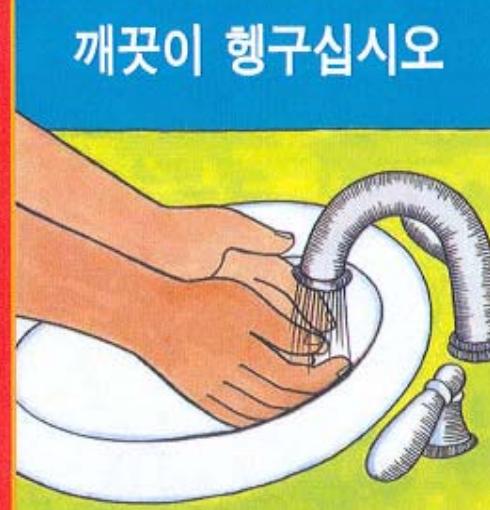
비누를  
사용하  
십시오



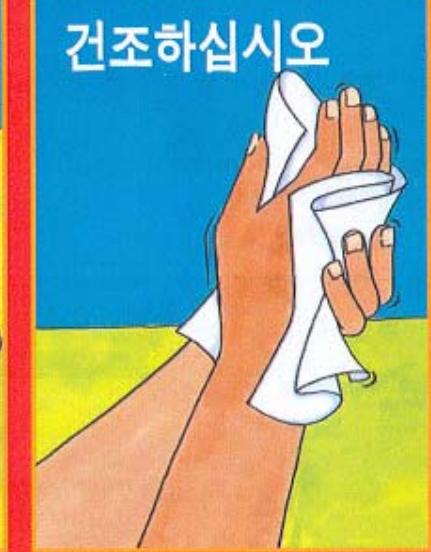
20초 동안  
씻으십시오



깨끗이 헹구십시오



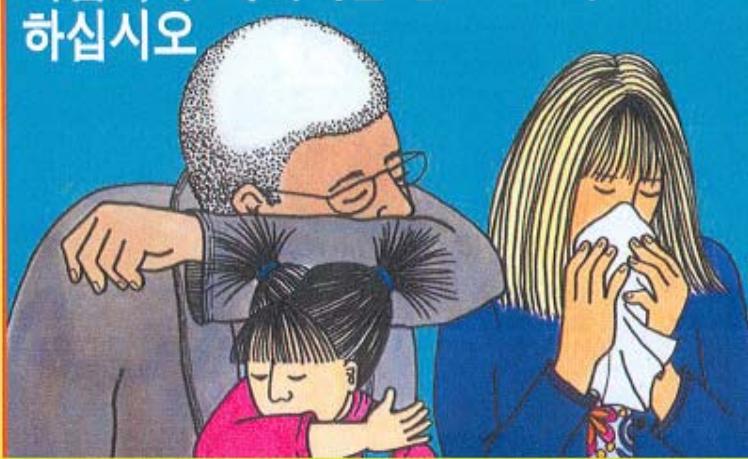
건조하십시오



Stop Germs, Stay Healthy!

- Wash hands often with soap and warm water
- Wash for 20 seconds, rinse well, and dry
- Cover coughs and sneezes
- When sick, stay home

기침이나 재채기를 손으로 막고  
하십시오



아플 때는 집에 계십시오



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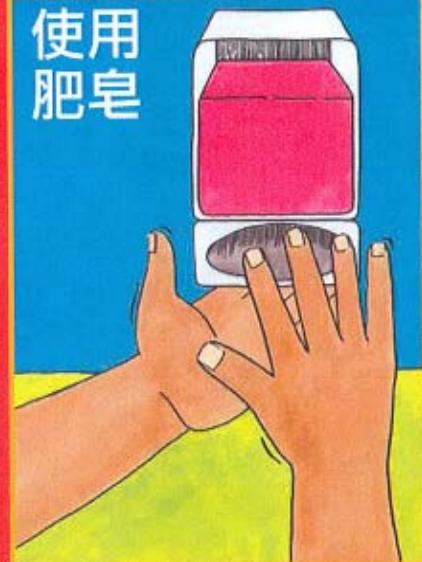
<http://alexandriava.gov/health>

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# 擋住細菌，保持健康！

請經常以肥皂和溫水洗手

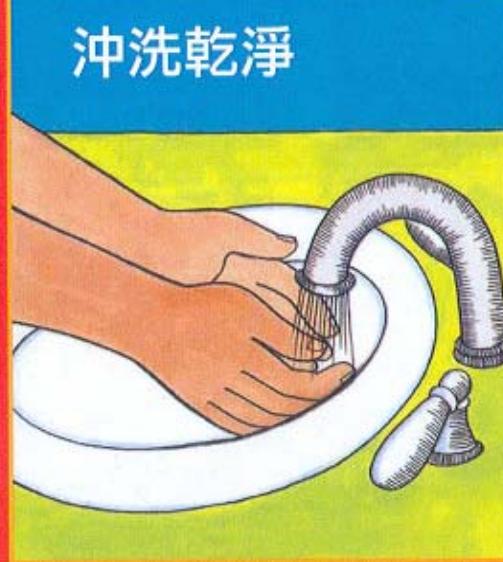
使用  
肥皂



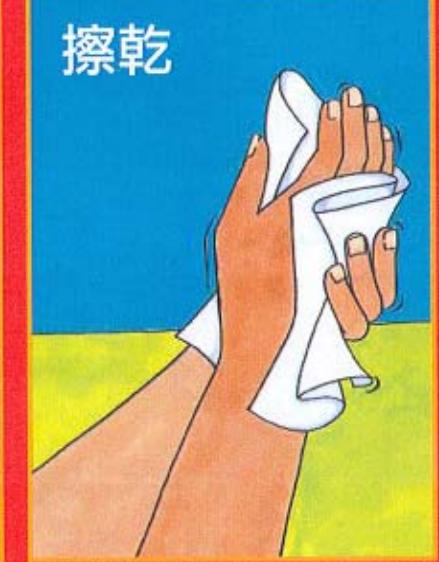
洗手  
20秒鐘



沖洗乾淨



擦乾



Stop Germs, Stay Healthy!

- Wash hands often with soap and warm water
- Wash for 20 seconds, rinse well, and dry
- Cover coughs and sneezes
- When sick, stay home

咳嗽及打噴嚏時請捂住嘴



生病時請留在家中



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# ¡Detenga los gérmenes, manténgase saludable!

Lávese las manos frecuentemente con jabón y agua tibia

Use  
jabón



Lávese las manos  
por 20 segundos



Enjuáguese bien



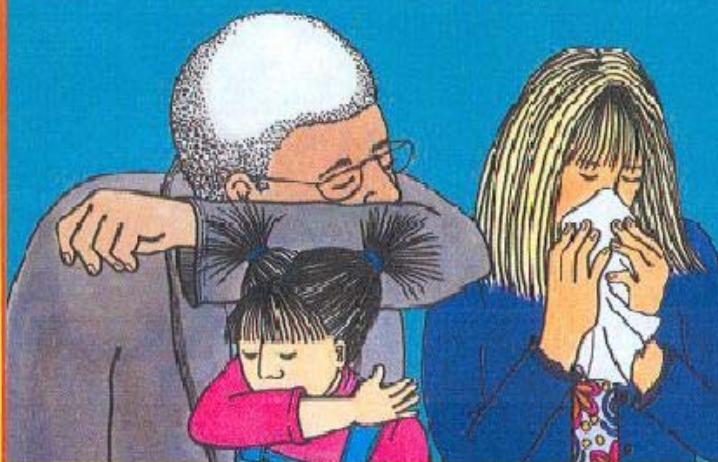
Séquese



Stop Germs, Stay Healthy!

- Wash hands often with soap and warm water
- Wash for 20 seconds, rinse well and dry
- Cover coughs and sneezes
- When sick, stay home

Cubra su boca al toser y estornudar



Quédese en casa  
cuando esté enfermo



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# Pigilan ang Mikrobyo, Manatilig Malusog!

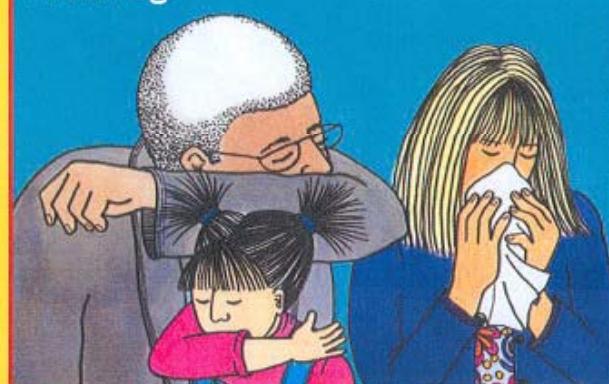
Dalasan ang paghugas ng mga kamay at gumamit ng sabon at maaligamgam na tubig



## Stop Germs, Stay Healthy!

- Wash hands often with soap and warm water
- Wash for 20 seconds, rinse well and dry
- Cover coughs and sneezes
- When sick, stay home

Magtakip ng bunganga kapag umubo at bumahing



Kapag may sakit, manatili sa bahay



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# Зупиніть бактерії, залишайтесь здоровими!

## Часто мийте руки з милом та теплою водою

Користуйтесь  
милом



Мийте руки на  
протягі 20 секунд



Добре сполосність



Витріть



## Stop Germs, Stay Healthy!

- Wash hands often with soap and warm water
- Wash for 20 seconds, rinse well and dry
- Cover coughs and sneezes

Прикривайтесь, коли чихаєте і кашляєте



Якщо ви захворіли,  
залишайтесь вдома



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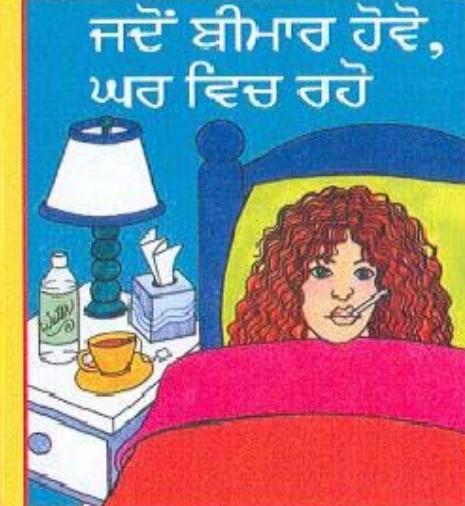
# ਕੀਟਾਣੂਆਂ ਨੂੰ ਆਉਣ ਤੋਂ ਰੋਕੋ, ਤੰਦਰੁਸਤ ਰਹੋ!

ਆਪਣੇ ਹੱਥ ਹਮੇਸ਼ਾਂ ਸਾਬਣ ਅਤੇ ਗਰਮ ਪਾਣੀ ਨਾਲ ਧੋਵੋ



**Stop Germs, Stay Healthy!**

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- Wash for 20 seconds, rinse well and dry
- Cover coughs and sneezes
- When sick, stay home



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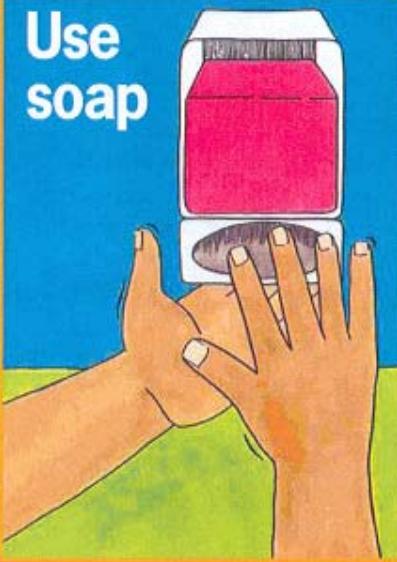
<http://alexandriava.gov/health>

703-746-4910

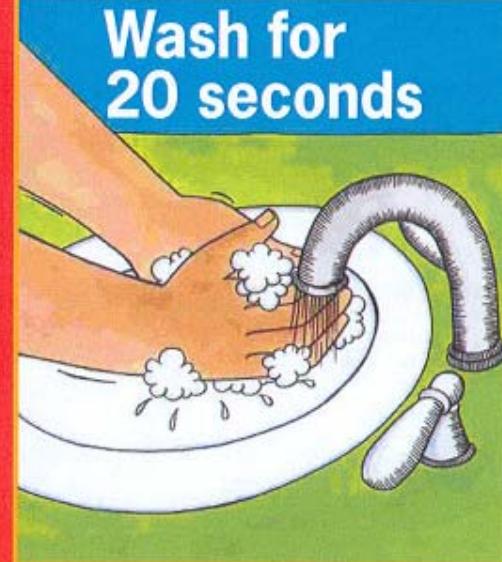
# Stop Germs, Stay Healthy!

Wash hands often with soap and warm water

Use  
soap



Wash for  
20 seconds



Rinse well



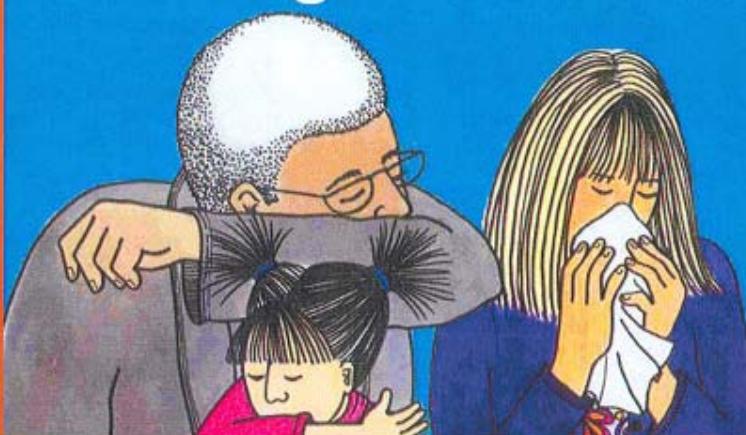
Dry



¡Detenga los gérmenes,  
manténgase saludable!

- Lávese las manos frecuentemente con jabón y agua tibia
- Lávese por 20 segundos, enjuáguese bien, séquese
- Cubra su boca al toser y estornudar
- Quédese en casa cuando esté enfermo

Cover coughs and sneezes



When sick, stay home



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